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| Unit Outcomes | | | | | | | | | |
| Pupils who are **secure** will be able to:   * Understand some of the reasons adults decide to drink or not drink alcohol. * Understand some ways to check that a news story is real. * Understand how they should behave online and the impact negativity can have. * Understand of changes that take place during puberty. * Understand the menstrual cycle and that a male and a female are needed to conceive a baby. * Understand that a baby changes in the womb and some of the baby’s requirements during the first months of life. * Recognise when someone is choking; administer first aid to a casualty that is choking; and seek medical help if required for a choking casualty. * Conduct a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given. | | | | | | | | | |
| Key Vocabulary | alcohol  bladder  breasts  cervix  conception  cyberbullying  egg or ova  ejaculation  erection | | fallopian tube  fertilisation  genitals  labia  menstruation/period  nipples  ovary/ovaries  penis | | pregnant  puberty  pubic hair  scrotum  sexual intercourse  sperm  sperm duct  testicles/testes | | urethra  uterus/womb  vagina  vaginal opening  voice breaking  vulva  wet dreams | | |
| Week 1 | Week 2 | Week 3 | | Week 4 | Week 5 | Week 6 | Week 7 | | Week 8 |
| [Lesson 1: Alcohol](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-1-alcohol-2/) | [Lesson 2: Critical digital consumers](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-2-critical-digital-consumers/) | [Lesson 3: Social media](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-3-social-media-2/) | | [Lesson 4: Physical and emotional changes of puberty](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-4-physical-and-emotional-changes-of-puberty/) | [Lesson 5: Conception](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-5-conception-parents-can-withdraw-their-child-from-part-of-this-lesson/)  **Parents have the right to withdraw their child from this lesson.** | [Lesson 6: Pregnancy and birth](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-6-pregnancy-and-birth-parents-have-the-right-to-withdraw-their-child-from-this-lesson/)  **Parents have the right to withdraw their child from this lesson.** | [Lesson 7: First Aid: Choking](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-7-first-aid-choking/) | [Lesson 8: First Aid: Basic life support](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-8-first-aid-basic-life-support/) | |
| To begin to understand the risks of alcohol. | To start to become a discerning consumer of information online. | To recognise that online relationships should be treated in the same way as face-to-face relationships. | | To recognise the changes that happen during puberty. | To understand the biology of conception. | To understand the development of a baby during pregnancy. | To understand how to help someone who is choking | To understand how to help someone who is unresponsive | |