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| Unit Outcomes  |
| Pupils who are **secure** will be able to: * Understand some of the reasons adults decide to drink or not drink alcohol.
* Understand some ways to check that a news story is real.
* Understand how they should behave online and the impact negativity can have.
* Understand of changes that take place during puberty.
* Understand the menstrual cycle and that a male and a female are needed to conceive a baby.
* Understand that a baby changes in the womb and some of the baby’s requirements during the first months of life.
* Recognise when someone is choking; administer first aid to a casualty that is choking; and seek medical help if required for a choking casualty.
* Conduct a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given.
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| Key Vocabulary  | alcohol bladder breasts cervixconceptioncyberbullyingegg or ovaejaculationerection | fallopian tubefertilisationgenitalslabiamenstruation/periodnipplesovary/ovariespenis | pregnantpubertypubic hairscrotumsexual intercoursespermsperm ducttesticles/testes | urethrauterus/wombvaginavaginal openingvoice breakingvulvawet dreams |
| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 |
|  [Lesson 1: Alcohol](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-1-alcohol-2/) |  [Lesson 2: Critical digital consumers](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-2-critical-digital-consumers/) |  [Lesson 3: Social media](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-3-social-media-2/) |  [Lesson 4: Physical and emotional changes of puberty](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-4-physical-and-emotional-changes-of-puberty/) |  [Lesson 5: Conception](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-5-conception-parents-can-withdraw-their-child-from-part-of-this-lesson/)**Parents have the right to withdraw their child from this lesson.**  |  [Lesson 6: Pregnancy and birth](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-6-pregnancy-and-birth-parents-have-the-right-to-withdraw-their-child-from-this-lesson/)**Parents have the right to withdraw their child from this lesson.** |  [Lesson 7: First Aid: Choking](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-7-first-aid-choking/) |  [Lesson 8: First Aid: Basic life support](https://www.kapowprimary.com/subjects/rse-pshe/upper-key-stage-2/year-6/safety-and-the-changing-body/lesson-8-first-aid-basic-life-support/) |
| To begin to understand the risks of alcohol. | To start to become a discerning consumer of information online. | To recognise that online relationships should be treated in the same way as face-to-face relationships. | To recognise the changes that happen during puberty. | To understand the biology of conception. | To understand the development of a baby during pregnancy. | To understand how to help someone who is choking | To understand how to help someone who is unresponsive |