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| **RSE & PSHE**  **Year 6** | | |
| **Autumn 1**  **Family and Relationships** | | |
| Vocabulary | Knowledge | Objectives |
| authority  conflict  expectation  grief  grieving  stereotype | Understand that everyone can expect a level of respect but this can be lost.  Understand what respect is and how they should be respected.  Understand how stereotypes influence our ideas and opinions.  Understand a range of stereotypes and share this information effectively.  Create a resolution guide that includes strategies to manage conflicts and describes situations where conflict is likely to arise.  Understand the term grief and describe some of the associated emotions | 1. To understand what we mean by respect and why it is important 2. To understand that respect is two-way and how we treat others is how we can expect to be treated 3. To explore other people’s attitudes and ideas and to begin to challenge these 4. To understand stereotypes and be able to share information on them 5. To resolve disputes and conflict through negotiation and compromise 6. To begin to understand the process and emotions relating to grief |
| **Autumn 2**  **Health and Wellbeing** | | |
| Vocabulary | Knowledge | Objectives |
| antibodies  growth mindset  habit  qualities  responsibility  vaccination | Describe qualities or values they want to develop and create achievable goals.  Describe the importance of relaxation and suggest different strategies.  Describe how they take care of their physical wellbeing.  Understand that technology can have an impact on physical and mental health and know some strategies they can use to overcome this.  Describe what resilience is, why it is important and some useful resilience strategies.  Understand how vaccination works and why it is important to individuals.  Understand that habits can be good or bad for health.  Understand that changes in their body could indicate illness and know what to do if they notice them | 1. To identify long term goals and how to work towards them 2. To use mindfulness to manage emotions 3. To understand and plan for a healthy lifestyle 4. To understand the potential impact of technology on physical and mental health 5. To reflect on skills they have developed to identify and respond to difficult situations 6. To understand ways that we help prevent ourselves and others becoming ill 7. To understand how habits can be good or bad for our health 8. To understand what happens when we are ill and begin to understand when to seek support |
| **Spring 1**  **Safety and the Changing Body** | | |
| Vocabulary | Knowledge | Objectives |
| Fallopian tube  Fertilisation  Genitals  Internet trolling  Cervix  Clitoris  Conception  Cyberbullying  Alcohol  Bladder  Breasts  Egg or ova  Ejaculation  Erection | Understand some of the reasons adults decide to drink or not drink alcohol.  Understand some ways to check that a news story is real.  Understand how they should behave online and the impact negativity can have. Understand of changes that take place during puberty.  Understand the menstrual cycle and that a male and a female are needed to conceive a baby. Understand that a baby changes in the womb and some of the baby’s requirements during the first months of life.  Recognise when someone is choking; administer first aid to a casualty that is choking; and seek medical help if required for a choking casualty.  Conduct a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given. | 1. To begin to understand the risks of alcohol 2. To start to become a discerning consumer of information online 3. To understand that online relationships should be treated in the same way as face to face relationships 4. To understand the development of the baby during pregnancy 5. To understand how to help someone who is choking 6. To understand how to help someone who is unresponsive |
| **Spring 2**  **Citizenship** | | |
| Vocabulary | Knowledge | Objectives |
| Authority  Conflict  Expectation  Grieving  Protected characteristics  Resolve | Understand that education is a human right and why education is important.  Understand some environmental issues relating to food and food production.  Understand the importance of caring for others and that we all have a responsibility to care for things and people around us.  Understand what prejudice and discrimination are and why and how they should be challenged.  Understand the value of diversity in society, including significant individuals.  Understand the roles and responsibilities of people in government | 1. To understand human rights, including the right to education 2. To understand some environmental issues relating to food and food production 3. To understand how to show care and concern for others 4. To recognise prejudice and discrimination and learn how this can be challenged 5. To understand diversity and the value different people bring to a community 6. To begin to understand how government works |
| **Summer 1**  **Economic Wellbeing** | | |
| Vocabulary | Knowledge | Objectives |
| Earnings  Expenses  Gambling  Safeguard  University  Workplace | Understand feelings about money and the impact they can have.  Explain how to safeguard money in both digital and physical environments.  Know the money changes when moving to secondary school.  Understand the risks of gambling.  Explain how careers function in different settings and what roles and responsibilities come with them.  Explore different career routes and their requirements. | 1. To identify feelings around money and discuss their impact. 2. To recognise how to safeguard money in digital and physical environments. 3. To identify how money-related matters develop at secondary school. 4. To recognise the risks of gambling. 5. To explore how different careers operate in a workplace. 6. To explore different career routes and their requirements. |
| **Summer 2**  **Idenity and Transition** | | |
| Vocabulary | Knowledge | Objectives |
| Change  Identity  Images  Manipulation  Media  Change  Worry  Stress  Anxious  Opportunity | Understand the factors which make up identity.  Understand that images can be manipulated by the professional media but also by individuals and that they are not realistic. | 1. To understand what factors contribute to identity 2. To understand that the media manipulates images 3. To understand that a big change can bring both opportunities and worries |