Widnes Academy – RSE Overview 

Supported using Kapow 

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| Class  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Nightingales (EYFS)  | Self-regulation: My feelings  | Building relationships: Special relationships   | Managing self: Talking on challenges | Self-regulation: Listening and following instructions   | Building relationships: My friends and family | Managing self: My wellbeing |
| Armstrong (Year 1/2) Cycle A  | Family and Relationships | Health and Wellbeing | Citizenship | Economic Wellbeing | Safety and the Changing Body | Transition  |
| Jemison (Year 2/3) Cycle A) | Families and Relationships  | Health and Wellbeing | Citizenship | Economic Wellbeing | Safety and the Changing Body | Transition |
| Malala (Year 4/5) Cycle A) | Families and Relationships  | Health and wellbeing  | Citizenship | Economic wellbeing | Safety and the Changing Body | Transition |
| Attenborough (Year 6) Year 6 only  | Family and Relationships | Health and Wellbeing | Citizenship | Economic Wellbeing  | Safety and the Changing Body | Transition |