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| Unit Outcomes  |
| Pupils who are **secure**will be able to: * Know a number of adults in school.
* Know that they should speak to an adult if they are ever worried or feel uncomfortable about another adult.
* Understand ways to keep safe and not get lost and know the steps to take if they do get lost.
* Know the number for the emergency services and their own address.
* Understand that some types of physical contact are never acceptable.
* Know what can go into or onto the body and when they should check with an adult.
* Understand that there are hazards in houses and know how to avoid them.
* Understand and name jobs that people do to help keep us safe.
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| Key Vocabulary  | accident drug emergency hazardsmedicine  | physical contact polite respect role trust |
| Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 |
| Lesson 1: Adults in school | Lesson 2: Adults outside school |  [Lesson 3: Getting lost](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/safety-and-the-changing-body/lesson-3-getting-lost/) | Lesson 4: Making an emergency phone call |  [Lesson 5: Appropriate contact](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/safety-and-the-changing-body/lesson-5-appropriate-contact-2/) |  [Lesson 6: Safety with substances](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/safety-and-the-changing-body/lesson-6-safety-with-substances/) |  [Lesson 7: Safety at home](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/safety-and-the-changing-body/lesson-7-safety-at-home/) |  [Lesson 8: People who help to keep us safe](https://www.kapowprimary.com/subjects/rse-pshe/key-stage-1/year-1/safety-and-the-changing-body/lesson-8-people-who-help-to-keep-us-safe/) |
| To know how to respond to adults in a safe and familiar context. | To recognise how to respond to adults in a range of situations. | To recognise what to do if you get lost. | To know what an emergency is and how to make a phone call if needed. | To begin to understand the difference between acceptable and unacceptable physical contact. | To begin to understand what is safe to put into or onto our bodies. | To recognise that there are dangers at home and how these can be avoided. | To understand that there are people in the local community who help to keep us safe. |